

July 2024

Tue	1st	St Oliver Plunkett
Wed	3rd	St Thomas Apostle
Sun	7th	14th in Ordinary Time
Mon	8th	St Killian
Thu	11th	St Benedict
Sun	14th	15th in Ordinary time
Mon	15th	St Bonaventure
Tues	16th	Our Lady of Mt Carmel
Sun	21st	16th in Ordinary time
Mon	22nd	St Mary Magdalen
Wed	24th	St Declan
Thu	25th	St James
Fri	26th	Ss Joachim & Anne
Sun	28th	17th in Ordinary time
Mon	29th	Ss Martha, Mary & Lazarus
Wed	31st	St Ignatius of Loyola

WEEKEND MASSES

Saturday Affane 7pm Vigil
Sunday: Modeligo: 10. am
Cappoquin 11.30 am.

No Morning Mass on Saturdays or Mondays

First Friday 10 am Cappoquin

SACRAMENT OF PENANCE

SACRAMENT OF THE SICK: on request.

SACRAMENT OF BAPTISM: on request

Baptism times

Affane 6.15 pm Saturday
Modeligo 10.45 am Sunday

Child Protection DPs

Brid O Shea.
 Breda Cunningham
 Fiona Parker,

Go Green: get this on the Parish Website

<https://www.cappoquin.net>
 or scan QR code below



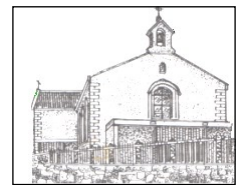
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CONTACT NUMBERS

Very Rev Fr Martin Keogh PP	058 54216
St Vincent de Paul	0871639108
Samaritans	051 872114
Samaritans :	www.samaritans.ie
Cura	051 876452
Alcoholics Anonymous	051 37317
Gardai Cappoquin	058 54244
Health Centre	058 54406
Bunscoil Gleann Sídhéain	058 54015
Scoil Mhuire Modeligo	058 68149

Please inform priest if family member or neighbour is ill.

Cappoquin, Modeligo & Affane Newsletter July 2024



Let us pray for the Pastoral Care of the Sick

Let us pray that the Sacrament of the Anointing of the Sick grants the Lord's strength to those who receive it and to their loved ones, and that it may become for everyone an ever more visible sign of compassion and hope."

Monday 1st July St Oliver Plunkett. One of our own! St Oliver was born in Loughcrew, Co Meath and was related to several aristocratic families. After studying at the Irish College in Rome he was ordained a priest in 1654 and stayed in Rome as a professor and a representative of the Irish bishops. He was appointed Archbishop of Armagh and primate of all Ireland in 1669. He did much to reorganise and strengthen the Irish Church despite being forced into hiding for much of his episcopate. He was arrested in 1679 at the time of the "Popish Plot". He was hanged, drawn and quartered in London on 1st July 1681. He was the last Catholic martyr to suffer in England. His body is buried in Downside Abbey in Somerset while his head is in St Peter's Drogheda. St Oliver pray for us!

3rd St Thomas apostle. St Thomas (the Twin) is the Apostle who refused to believe in the Resurrection until he could examine the evidence. When Jesus comes to him, wounded yet alive, Thomas cries out at once "My Lord and my God!" Jesus replies, "You believe because you can see me. Happy are those who have not seen and yet believe" Tradition traces Thomas' post-Pentecost preaching ministry to Syria, Persia, and southern India.

7th 14th Sunday in Ordinary time. Ezekiel gets sent to the Israelites as their prophet. St. Paul, to stop him from getting too proud had "this thorn in the flesh". The Lord didn't take it away. "It is when I am weak that I am strong" People wondered where Jesus' wisdom came from. and he was amazed at their lack of faith.

8th St Killian (Ireland)

11th St Benedict. Father of western monasticism. Pope Gregory the Great gave us the life of St Benedict. He was born in Nursia Italy around 480, and spent his early years in Rome. Disappointed by the worldliness of his surroundings he fled to a cave where he lived for years as a hermit. In 529 Benedict and his followers moved to Monte Cassino near Naples. There he composed a “little rule for beginners...written with Christ’s help”. Benedict’s rule became the foundation of European monasticism. He died around 550. According to Gregory “Benedict possessed the spirit of one man only, the saviour, who fills the hearts of the faithful”

14th July 15th in Ordinary time. Jesus removes the 12 from their worldly occupations and sends them off two by two. No provisions, their only real possession is Jesus. He’s enough! There’s a beautiful letter from Paul to the Ephesians. God blessed and chose us in Christ to be holy and spotless and to live through love in his presence determining that we should become his adopted sons! All the gifts and graces he gave us free! Thank you Jesus! and Paul for reminding us.

15th July St Bonaventure. Franciscan died in 1274.

16th Our Lady of Mount Carmel. This feast instituted for the Carmelite Order commemorates the day in 1251 when Mary gave the Brown Scapular to St Simon Stock, “for those who wear it,” Pope Benedict explained “it is a sign of filial abandonment to the protection of Mary. In our battle against evil, may Mary our mother wrap us in her mantle” “Even I, from my younger days” St John Paul once said, “have worn around my neck the scapular of Our Lady and I take refuge with trust under the mantle of the blessed Virgin Mary, Mother of Jesus.”

21st 16th Sunday. The Lord promised through Jeremiah “The remnant of my flock, I myself will gather” The disciples told him all they had done and taught but Jesus got sorry for the people and he began to teach them at some length.

22nd St Mary Magdalene. The sinner who became a great saint—one of the first witnesses of the Resurrection after being at the Cross as well. “to Christ, arisen from the dead and death’s conqueror she pressed; his earliest sight she merited, whose love and grief gave her no rest

29th SS Martha Lazarus and Mary. They moved to France. Mary went into a monastery. Jesus had raised Lazarus from the dead.

24th St Declan Born near Cappoquin, think of and pray to him.

25th St James Apostle the Greater, brother of the Apostle John. He is thought to have preached in Spain after Pentecost. Since the Middle Ages, pilgrims have made their way on foot to his shrine at Santiago. It’s a path, of prayer and penance, charity and solidarity— a stretch of the path of life where faith, becoming history among mankind also converts culture into something Christian. (St JP II) He often bears the attributes of the Pilgrim: the hat, staff, gourd and scallop shell.

26th SS Joachim and Anne. Jesus’ Grandparents. Pray for grandparents everywhere!

28th 17th Sunday in ordinary time. the multiplication of loaves!

31st St Ignatius of Loyola. he founded the Jesuit Order and gained a devoted group of followers. He died in 1556.

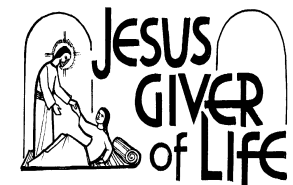
Masses for the Dead

Modeligo 17th July: 7 pm in church

Cappoquin 24th July: 8 pm in church.

Please pray for those who have died

Michael Cunningham Barrack St



For them we humbly pray, perfect them in your love
May we share eternal day with them in heaven above
May they all rest in peace